



UNIVERSITY OF  
CAMBRIDGE

# Senior Occupational Health Adviser Occupational Health Service

Job Reference: AS44399



# Senior Occupational Health Adviser

## Salary:

£41,421 - £55,295

## Contract:

Permanent

## Location:

16 Mill Lane, Cambridge

## Faculty / Department:

Occupational Health Service

## Responsible to:

Mary Meredith - Deputy Occupational Health Nurse Manager

## Working Pattern:

Full Time

The University of Cambridge has a Hybrid Working Policy that aims to enable as many staff as possible to work in a hybrid way if they so wish, whilst recognising that some roles will include tasks that can only be performed on University premises.

## Purpose of the role

The Occupational Health Service (OHS) advises and assists the University of Cambridge in meeting its general duty of care under the Health and Safety at Work Act 1974 and compliance with UK employment law.

This is achieved by working closely with University Central Offices, such as Safety and HR, to ensure a safe working environment for our service users (staff, postgraduate students and some undergraduate student groups).

You will be a key member of our small OHS team based in the centre of Cambridge.

You will play an integral role in the review, development and implementation of the OHS strategies for the prevention of ill health and promotion of wellbeing of our Service Users.

You will practice within the Nursing and Midwifery Council (NMC) professional code of practice and maintain medical confidentiality at all times.

## Key responsibilities

Clinical activities:

- Provide occupational health (OH) related support and advice to service users via telephone, Microsoft Teams and in person at our onsite premises.
- Prioritise clinical caseloads.
- Deal with complex situations requiring theoretical and practical health care knowledge
- Maintain accurate medical records in line with the NMC code of professional conduct, data protection and statutory health and safety requirements.
- Initiate evidence-based decisions following service user assessments.
- Refer to other health professionals for further opinion/advice as required, e.g., Occupational Health Physician, Physiotherapist, General Practitioner or Clinical Psychologist
- Produce clear and accurate post consultation reports for Service Users, to assist their line managers and Human Resource staff in making appropriate workplace adjustments.



## Key responsibilities continued

- Provide advice regarding fitness for work and/or required reasonable adjustments to enable individuals to continue or return to work.
- Provide rehabilitation advice post absence/injury.
- Follow up health issues after reported accidents.
- Update and maintain evidence-based information provided to service users.
- Perform the necessary administrative tasks required to complete all clinical work undertaken, includes filing, retrieval, photocopying and scanning of OH files, completing health screening forms, and liaison with our administrative support team for making appointment bookings.
- Perform other clinical duties appropriate to the grade of the post.
- Collaborate and liaise with relevant University departments, e.g., Safety Office, Staff Counselling Service and Student Services.
- Maintain clinical/professional practice and development, as governed by the NMC professional body and be responsible for the maintenance of own NMC registration / revalidation.

## Project work:

- Collaborate with University health and safety professionals to provide a holistic health and safety at work service.
- Independently research current legislation and guidelines to develop departmental procedures, including for service auditing, performance measurement, evaluation and review.
- Attend relevant meetings/steering groups associated with proposal and development of University of Cambridge policies.
- Devise health related programmes and procedures to ensure that the University meets statutory obligations required under health, safety and employment law.

## Line management:

- Leadership and line management of junior clinical staff, including assisting with recruitment, conducting performance reviews, identifying training needs and authorisation of leave.

## Guidance and Support:

- Develop and provide OH related health and safety training for all service users.
- Assist with the development of digitally provided guidance and support, such as reviewing and amending information for the OH Service website.
- Assisting with development of OH related databases, e.g. the Civica OPAS G2 Occupational Health Management system.

# Person Specification

Criteria	Essential	Desirable
<b>Education</b>		
Registered General Nurse with the Nursing and Midwifery Council (NMC) in the adult branch	✓	
A post registration qualification in Occupational Health at Certificate, Diploma or Degree level	✓	
<b>Specialist Knowledge and Skills</b>		
Comprehensive knowledge and practical working experience of Health, Safety and Employment Law	✓	
Comprehensive knowledge and practical working experience of occupational health law	✓	
Proficient IT skills, including use of Microsoft applications (word, excel and outlook)	✓	
Experience of management and use of databases, e.g. the Civica OPASG2 OH Management system		✓
<b>Interpersonal &amp; communication skills</b>		
Excellent verbal and written communicator with keen attention to detail	✓	
A confident communicator, with a high degree of tact and discretion, adept at building positive working relationships	✓	
Independent and proactive, with the ability to show initiative and be decisive in challenging situations	✓	
Flexible to respond to changing work demands, with ability to work well under pressure	✓	
<b>Relevant experience</b>		
Experience of working in an occupational health service within a large organisation (Higher Education or Healthcare setting)	✓	
Experience of leadership and all aspects of line management of staff, including personal and professional development		✓
Case load management, health surveillance / health screening programme management	✓	
Experienced in phlebotomy and administering vaccinations		✓
<b>Additional requirements</b>		
Excellent organisational and time management skills	✓	
Strong knowledge and awareness of data protection and medical confidentiality requirements	✓	
Capable of taking an active role in policy making at departmental level	✓	
A general awareness of emerging technologies to assist with the delivery of an efficient and effective service	✓	

# Professional Services Values

Developed by professional services staff, our values underpin everything we do. By living the values in the work we do, we hope to foster an environment where staff feel empowered. The values encourage staff to; work together and share skills to create a sense of community, act with integrity, take an inclusive and fair approach and develop honest and open relationships that are underpinned by our shared values. We encourage applicants to consider these values within their application.



# The Occupational Health Service

The University of Cambridge Occupational Health Service (OHS) is committed to continuous improvement in order to anticipate and meet the changing needs of the University and the Higher Education sector. The purpose of the OHS is the prevention of work associated ill health and injury and the promotion of health and wellbeing in the workplace. The OHS provides a compliance-based service to all University staff, postgraduate students and some undergraduate student groups, i.e., Medical, Veterinary & PGCE (trainee teacher) students.

The OHS consists of a small team of Occupational Health specialist doctors and nurses, and administrative support staff. It operates under the governance of the University's Division of Health, Safety and Regulated Facilities (HSRF), with the Occupational Health Nurse Manager reporting directly to the Director of HSRF.

# Terms of Appointment

## Tenure and probation

The appointment will be made on a permanent basis, subject to satisfactory completion of a nine-month probationary period.

## Working Pattern

The appointment is full-time. The hours of work for the position are 37 hours per week, Monday to Friday.

## Pension

You will automatically be enrolled to become a member of USS (Universities Superannuation Scheme) – a hybrid pension scheme. If you are already a member of the NHS Pension scheme, you may be eligible to continue in the scheme and should contact the Pensions section of the University:

[www.pensions.admin.cam.ac.uk/](http://www.pensions.admin.cam.ac.uk/).

## Annual leave

Full time employees are entitled to annual paid leave of 41 days inclusive of public holidays. For part-time employees, annual leave will be pro rata'd based on days worked.

Some of this leave will need to be taken when the service is closed at Christmas and Easter.

The annual leave year runs from 01 October to 30 September

## General information

### Pre-employment checks

**Right to work in the UK** - we have a legal responsibility to ensure that you have the right to work in the UK before you can start working for us. If you do not have the right to work in the UK already, any offer of employment we make will be conditional upon you gaining it.

**Screening Checks** – This role requires an enhanced Disclosure and Barring Service (DBS) check. Any offer of employment we make to you will be conditional upon the satisfactory completion of this/these check(s); whether an outcome is satisfactory will be determined by the University.

The nature of this role means that the successful candidate will also need to undergo a health assessment for infection control purposes.

**Health declaration** - once an offer of employment has been made the successful candidate will be required to complete a work health declaration form.

**References** - offers of appointment will be subject to the receipt of satisfactory references.

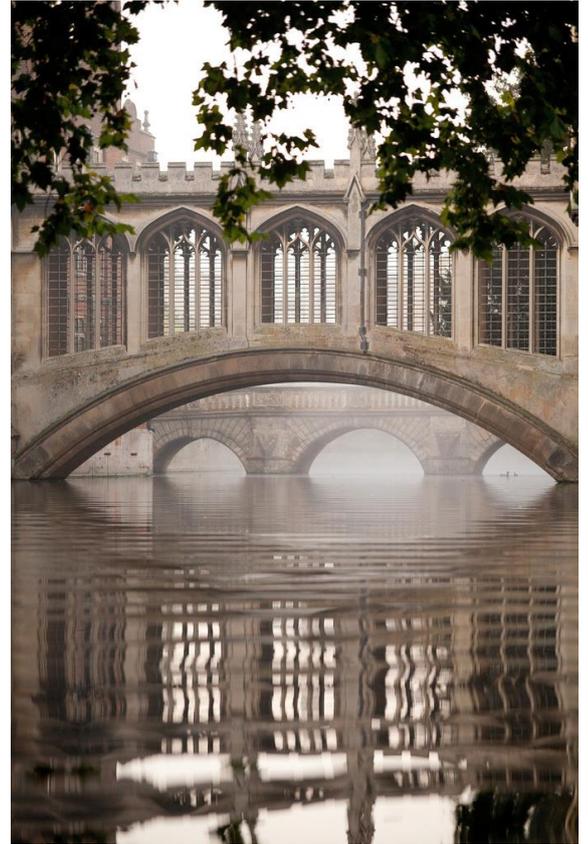
**Qualifications** - the person specification for this position lists qualifications that are essential and/or desirable. Please note that if you are offered the post, you will be asked to provide your relevant original certificates of these qualifications.

### Information if you have a disability

The University welcomes applications from individuals with disabilities. We are committed to ensuring fair treatment throughout the recruitment process. We will make adjustments to enable applicants to compete to the best of their ability wherever it is reasonable to do so and, if successful, to assist them during their employment. Information for disabled applicants is available at <http://www.admin.cam.ac.uk/offices/hr/staff/disabled/>

We encourage you to declare any disability that you may have, and any reasonable adjustments that you may require, in the section provided for this purpose in the application form. This will enable us to accommodate your needs throughout the process as required. However, applicants and employees may declare a disability at any time.

If you prefer to discuss any special arrangements connected with a disability, please contact, the Department Administrator, who is responsible for recruitment to this position.



# The University

The University of Cambridge is consistently ranked one of the best universities in the world, achieving academic excellence through its Faculties, Departments and other Institutions, together with the 31 Colleges.

The University is renowned for its record of discovery and innovation. It is one of the great institutions, with a regional, national and global reach, attracting the very best and brightest minds. Our staff and students shape the world around us for the better: we attract and partner with like-minded people.

Whether contributing to the development of new anti-cancer drugs, adding to the understanding of how black holes are formed, revolutionising the study of ancient settlements, convening academic expertise to offer solutions to the climate crisis, or analysing public attitudes towards democracy around the world, the University's research is remarkable in its breadth, quality and impact. The University also sits at the heart of Europe's largest technology cluster and has catalysed more than 1,500 high-tech companies. And yet what inspires our 24,000 students and 13,000 staff is not what has already been achieved, but what is possible in the future.

The education and experience of our students, based on a partnership between the University's academic Departments and Faculties and the 31 Colleges, is second to none. Every student is a member of one of the Colleges, each a community of students, academics and staff drawn from across the University's comprehensive range of subject areas.



The University is a self-governing community, with a system for decision-making that provides a high degree of accountability and transparency to its members. Each Department and Faculty is part of one of six academic Schools, but each of them, and each individual academic, has a great deal of autonomy. The Colleges are independent and self-governing, working in a symbiotic relationship with the University.

The University has a number of Institutions that are independent of any Faculty or Department and are not part of the academic Schools. These include the Institute of Continuing Education (which provides high-quality education to adults throughout their lives), the Fitzwilliam Museum, Kettle's Yard (an historic house and gallery that holds important collections of modern art) and the University Library. In addition to their diverse contributions to University and public life, these non-School Institutions are also important centres of teaching and research.

Cambridge University Press & Assessment provides academic publishing, examinations and learning materials worldwide, supporting the dissemination of research, academic development at school and in higher education, and international student mobility. Legally, the Press & Assessment is a department of the University. It provides very important funds to invest in the academic purposes of the University.

The University has made truly remarkable contributions to the sum of human understanding, with breakthrough ideas and discoveries that have changed the way we understand ourselves, our planet, and the universe around us. Yet the global and national contexts in which it operates are fast-changing and increasingly filled with uncertainty. In a world that is becoming - politically, economically, socially, and technologically – ever more interconnected but even less equal, the University's mission – “to contribute to society through the pursuit of education, learning and research at the highest international levels of excellence” – has never been more relevant.



# About Us

**The University is one of the world's leading academic centres. It comprises 150 faculties and departments, together with a central administration and other institutions. Our institutions, museums and collections are a world-class resource for researchers, students and members of the public representing one of the country's highest concentrations of internationally important collections.**

The University has an annual income of £2 billion. Research income, won competitively from the UK Research Councils, the European Union (EU), major charities and industry, exceeds £500 million per annum and continues to grow.

The Colleges and the University remain committed to admitting the best students regardless of their background and to investing considerable resources both in widening access and financial support. The 31 Colleges are self-governing, separate legal entities which appoint their own staff. Many academic staff are invited to join a College as a Teaching Fellow, which provides a further social and intellectual dimension. The Colleges admit undergraduate students, provide student accommodation and pastoral support and deliver small group teaching for undergraduates.

The University awards degrees and its faculties and departments provide lectures and seminars for students and determine the syllabi for teaching.

Our instinct for seeking out excellence and setting up enduring and mutually beneficial collaborations has led us to establish strategic partnerships across the globe. Whether it is the successful Cambridge-Africa Programme involving universities in Ghana, Uganda and elsewhere on the African continent; or the close association with the government of India to pursue new research in crop science; or the creation, with Germany's Max Planck Institutes, of a Cambridge-based centre for the study of ethics, human economy and social change – international partnerships are now an inextricable part of the University's make-up.

“Through its outstanding education, research and innovation, the University of Cambridge has made – and continues to make – a lasting contribution to human knowledge and is flourishing. By working at the University of Cambridge, you will be joining a vibrant community of students, scholars and professional services staff committed to supporting and enhancing the University's mission to contribute to society.”

*Professor Deborah Prentice,  
Vice Chancellor 2023*



# Working at the University

**Working at Cambridge you will join a diverse, talented and innovative community, with more than 24,000 students and over 13,000 staff from all walks of life and corners of the world.**

The University continually explores strategies to attract and retain the best people. It is committed to supporting its staff to achieve their best. We are a fair, diverse and inclusive society and we believe our staff are our greatest asset. There is strong commitment to developing institutional leadership and supporting and encouraging staff development at all levels.

The University offers a variety of roles including academic, research, professional, managerial and support roles. We also offer extensive benefits and excellent learning opportunities within a stimulating working environment.

## Equality, Diversity and Inclusion

The University has built its excellence on the diversity of its staff and student community. We aim to be a leader in fostering equality and inclusion, and in promoting respect and a sense of belonging for all. We encourage applications from all sections of society. All appointments are made on the basis of merit. We have an Equal Opportunities Policy, along with a range of diversity groups, including the Women's Staff Network, Race Equality Network and LGBT+ Staff Network. More details are available here:

<http://www.equality.admin.cam.ac.uk/>

The University's estate is undergoing the most significant transformation in its history. Cambridge has been able to create a science and technology campus to the west of the city centre, and is expanding further to the north west of Cambridge including investing in affordable homes for University key workers and community facilities. Even with their continued development, the University remains within walking or cycling distance across the campus. The University is a major partner on the Cambridge Biomedical Campus and continues to redevelop its historic city centre sites demonstrating a clear determination to ensure that we can offer the best facilities and opportunities for our staff and students.



The University has a bronze Race Equality Charter award, with a framework for improving the representation, progression and success of minority ethnic staff and students within higher education. Furthermore, the University's silver Athena swan award recognises and celebrates good practice in recruiting, retaining and promoting gender equality.

# Living in Cambridge

Cambridge is rich in cultural diversity. From beautiful University and College buildings, museums and art galleries, quaint gardens and punts on the River Cam, to a vibrant restaurant and café scene, our employees are surrounded by the wonderful features of this unique city.

You can find a wide-range of high street shops and 3 shopping centres, with independent alternatives at the historic market and nestled within the passageways in the city centre. You will find a cinema, bowling alley, a nightclub and various live performances at the Cambridge Leisure Park, with further entertainment options at the Corn Exchange, Arts Theatre and the ADC Theatre. Further information can be found on the Visit Cambridge website.

If you prefer the faster pace of life, London is a 45-minute train journey away. For those travelling from overseas, Stansted Airport is just 45 minutes away and Heathrow Airport under 2 hours away. The University is a short distance from a host of other attractions such as Ely Cathedral, Newmarket Races and various wildlife parks and stately homes. Cambridge is also within easy reach of the beautiful Broads and coastlines of Norfolk and Suffolk.

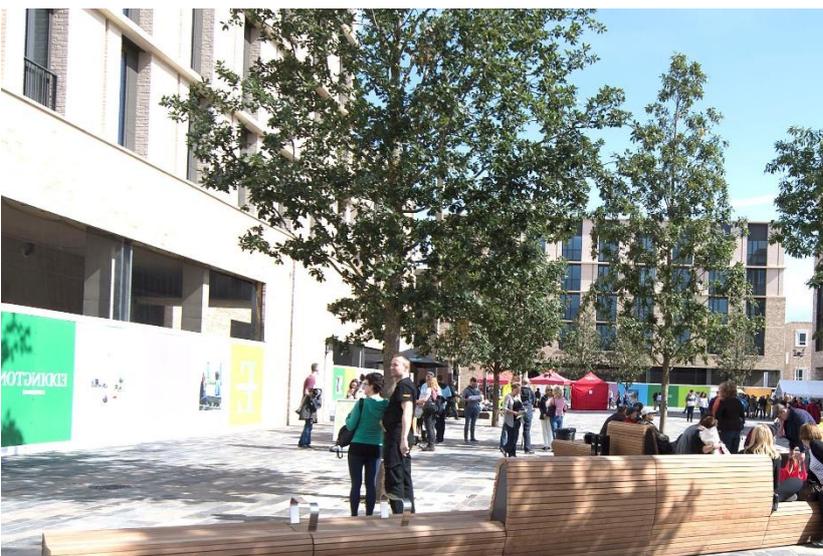
## Relocation Support

The University recognises the importance of helping individuals to move and settle into a new area. We provide support and guidance to those relocating internationally or domestically to take up a post at the University of Cambridge, liaising with other University offices and selected partners to ensure comprehensive relocation support is available. This includes: accommodation, childcare, schools, banking, immigration and transport. If you would like further information, please visit <https://www.accommodation.cam.ac.uk/RelocationService/>. The Shared Equity Scheme and the Reimbursement of Relocation Expenses Scheme provide financial assistance to qualifying new members of

## Accommodation Service

The University Accommodation Service helps staff, students and visiting scholars who are affiliated to the University in their search for suitable accommodation in Cambridge. The dedicated accommodation team can provide access to a wide range of University-owned furnished and unfurnished properties, and has a database of private sector accommodation available for short and long-term lets. For further information and to register with this free service please visit:

<https://www.accommodation.cam.ac.uk/>



# What Cambridge can offer

**We offer a comprehensive reward package to attract, motivate and retain high performing staff at all levels and in all areas of work.**

The University offers a wide range of competitive benefits, from family leave entitlement, to shopping and travel discount schemes. Our generous annual leave package contributes to the positive wellbeing of our University employees. Sabbatical leave enables academics to focus on research and scholarship, whilst still maintaining their full salary. The University also has a [career break scheme](#) for academic and academic-related staff, with additional flexible working policies for all other staff.

## Pay and benefits

The University salary structure includes automatic service-related pay progression in many of its grades and an annual cost of living increase. In addition to this, employees are rewarded for outstanding contribution through a number of regular pay progression schemes. The University offers attractive pensions schemes for employees, with an additional benefit of a salary exchange arrangement providing tax and national insurance savings.



## CAMbens employee benefits

The University offers employees a wide range of competitive benefits, known as CAMbens. CAMbens offers something for everyone across a range of categories, including:

- Financial Benefits, including shopping discounts (both local and national) and a Payroll Giving scheme;
- Relocation and Accommodation Benefits, including relocation assistance and interest-free Rental Deposit Loans;
- Travel Benefits, including Cycle to Work, discounts on train season tickets and interest-free Travel to Work loans;
- Family Friendly and Lifestyle Benefits, including support with childcare and family friendly policies;
- Health and Wellbeing Benefits, including a University Staff Counselling Service, discounts at the University Sports Centre, and other local gyms, and healthcare schemes.



# What Cambridge can offer

## Family-friendly policies

The University recognises the importance of supporting its staff. We have a range of family-friendly policies to aid employees' work-life balance including a generous maternity, adoption and shared parental leave entitlement of 26 weeks' full pay, and paid emergency leave for parents and carers.

Other family-friendly support includes:

Our highly regarded workplace nurseries, a childcare salary exchange scheme and a high-quality holiday Playscheme are available to help support University employees with caring responsibilities (subject to demand and qualifying criteria). Further childcare information can be found here:

<https://www.childcare.admin.cam.ac.uk/>

The Newcomers and Visiting Scholars Group (<https://www.nvs.admin.cam.ac.uk/>) is an organisation within the University that welcomes the partners and families of visiting scholars and new members of the University. Run by volunteers, the group offers opportunities to visit interesting Cambridge venues, learn about the community, take part in social events and gain local knowledge while developing a strong support network of both residents and other newcomers.

## Your wellbeing

The University's Sport Centre, Counselling Services and Occupational Health are just some of the support services available to University employees to promote their physical and mental wellbeing. The University delivers The Festival of Wellbeing annually, which is a programme of stimulating talks and activities, which aim to promote wellbeing and good mental and physical health. The University also hosts the [Cambridge Festival](#), which is a great opportunity to get your first taste of public engagement, through volunteering, supporting hands-on activities or proposing a talk.

## Development opportunities

We support new employees to settle in through various activities as well as supporting their professional and career development on an ongoing basis. Our Personal and Professional Development (PPD) team provide development opportunities for all University employees, including face-to-face sessions, online learning modules and webinars. All employees also have unlimited access to LinkedIn Learning to support their development. Both new and existing employees can undertake funded Apprenticeships, which lead to a range of vocational and professional qualifications. We offer reduced staff fees for University of Cambridge graduate courses and the opportunity to attend lectures and seminars held by University departments and institutions. A range of University training providers also offer specialist learning and development in their own areas e.g. teaching and learning, digital literacy, finance, health and wellbeing, safety.



# How to apply

Applications should be submitted online via the University of Cambridge jobs page [www.jobs.cam.ac.uk](http://www.jobs.cam.ac.uk) by clicking “Apply online” in the job advert. You will need an email address to register for our online system.

Conversations about flexible working are encouraged at the University of Cambridge. Please feel free to discuss flexibility prior to applying (using the contact information below) or at interview if your application is successful.

Informal enquiries are welcomed and should be directed to: **Mary Meredith**

**Email:** [OccHealth@admin.cam.ac.uk](mailto:OccHealth@admin.cam.ac.uk)

If you have any queries regarding the application process, please contact:

**Email:** [HSRFHR@admin.cam.ac.uk](mailto:HSRFHR@admin.cam.ac.uk)

The closing date for applications is: 14 January 2025

The interview date for the role is: the week commencing 27 January 2025

